

Counsellor in Training Volunteer Placement

About Cancer Support Scotland

Cancer Support Scotland first began 40 years ago, in the cosy living room of Sir Kenneth Calman. Now in our new home amidst the leafy grounds of Gartnavel Hospital, we've worked hard to make sure things don't feel a whole lot different. The Calman Centre was created as a safe space, helping everyone we support to feel at ease and in control. Where better then, than in a giant living room - where family and friends are welcome and the kettle is always on.

As Scotland's cancer charity, we have been the wellbeing champions for those affected by cancer for over 40 years – not only for those diagnosed, but their loved ones and carers too. We deliver high-quality counselling, complementary therapy, podiatry and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community.

About the Placement

As part of our Wellbeing Services, our team of counsellors deliver a professional and high quality Talking Therapy service to people affected by cancer across Scotland. This volunteer placement is an opportunity for counsellors in training to work as part of this supportive team and gain valuable clinical experience working with people affected by cancer.

The counsellor in training needs to be able to work flexibly, primarily from a humanistic/person centred core and integrating other modalities (eg CBT, ACT) depending on the person's individual circumstances.

The minimum commitment is one half day per week, delivering two/three appointments (maximum of four) to people affected by cancer. Placements can vary depending on individual need, these usually last between 6-12 months and throughout you will be supported by our placement educator.

What are the requirements and qualifications needed?

- To hold or be studying for a postgraduate level qualification in Counselling, CBT or Counselling Psychology recognised by an accredited regulatory body in the UK e.g. BACP, BABCP, HCPC, UKCP.
- Trainees who have qualifications from outside the UK must hold a Statement of Equivalence from UK ENIC at a minimum of SCQF Level 11.
- Have a minimum of 100 adult supervised client hours.
- Adherence to regulatory body ethical framework or guidelines
- Hold own Professional Indemnity Insurance

What are the main responsibilities?

- To carry out Counselling sessions on behalf of Cancer Support Scotland.
- To be responsible for the health and safety of people using the counselling service during sessions in accordance with our policies and procedures.
- To keep appropriate records in accordance with our policies and procedures.
- To maintain confidentiality and contract procedures in agreement with our policies and procedures.





- To undertake regular clinical supervision in accordance with professional guidelines (e.g. BACP).
- To attend regular meetings with the Placement Educator.
- To give consideration to cost efficiency at all times.
- To attend training as required.
- To be responsible for own administration and coordinate with admin staff on diary management.
- To liaise with the Placement Educator about any difficulties experienced whilst on placement.

What ongoing support and training will I receive?

It's important to us that you feel happy, safe and confident in your placement. You will receive a full induction to Cancer Support Scotland including information about the history of the charity, our current key messaging and a cancer awareness induction. You will receive full training on our counselling services policies and procedures and will be supported by our Placement Educator.

Additional Information

You can claim any out of pocket travel expenses incurred travelling to and from your volunteer location. Bus and train tickets are reimbursed (keeping all receipts) and 45p per mile is paid if using your car. Maximum expense claim of £25 per return journey.

We will also offer a contribution towards external supervision monthly (invoices must be included when submitting for reimbursement).

A PVG is required for this role which we will cover the cost.

Next Steps

If you are interested in applying for a counsellor in training placement, please contact our team at; volunteer@cancersupportscotland.org or apply online by completing our [Volunteer Application Form](#).

