

Volunteer Complementary Therapist

About Cancer Support Scotland

Cancer Support Scotland first began 40 years ago, in the cosy living room of Sir Kenneth Calman. Now in our new home amidst the leafy grounds of Gartnavel Hospital, we've worked hard to make sure things don't feel a whole lot different. The Calman Centre was created as a safe space, helping everyone we support to feel at ease and in control. Where better then, than in a giant living room - where family and friends are welcome and the kettle is always on.

As Scotland's cancer charity, we have been the wellbeing champions for those affected by cancer for over 40 years – not only for those diagnosed, but their loved ones and carers too. We deliver high-quality counselling, complementary therapy, podiatry and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community.

About the Role

The aim of this role is to deliver a professional, high quality and, relaxing complementary therapy service to people affected by cancer in the Calman Centre and local communities. This role is available in the Calman Centre and our outreach centres which are located in libraries across Greater Glasgow and Clyde.

We require a minimum commitment of one half day per week, consisting of two/three appointments.

What are the requirements and qualifications needed?

- HNC/HND level in complementary therapy or a minimum of two or more complementary therapy certificates in; Body Massage, Reflexology, Holistic Facial Massage, Indian Head Massage, and/or Reiki.
- Ideally previous experience of delivering complementary therapies in a health or social care setting.
- Ability to adapt and tailor therapies to ensure they are safe for everyone regardless of medical history.
- Ability to empathise with people who are emotional or vulnerable.
- Good IT skills and attention to detail.
- Reliable with good timekeeping.
- Hold a membership and adhere to your professional body's ethical framework or guidelines.
- Hold own Professional Indemnity Insurance.

What are the main responsibilities?

- Delivering complementary therapies that are safe and beneficial for people affected by cancer.
- Ensure all records are completed accurately and that any medical history is recorded.
- Develop and propose treatment plans.
- Ensuring all stock, oils, and laundry levels are maintained (we require you to wash your own laundry while in our outreach centres).
- Maintain a clean and tidy therapy room in accordance with hygiene regulations and infection control.





- Signposting and referring people affected by cancer to other support services where appropriate.
- Maintain confidentiality at all times.
- To attend training as required.
- To be responsible for own administration and coordinate with admin staff on diary management.

What impact will I make?

A cancer diagnosis doesn't come on its own, it can bring with it many stresses and complications. At Cancer Support Scotland we exist to support the wellbeing of anyone affected by cancer. As one of our volunteer complementary therapists you will be at the heart of our service providing vital support to people affected by cancer. By offering treatments you will be helping to reduce pain and discomfort caused by treatments such as chemotherapy and radiotherapy and ease stress and anxiety.

What are the benefits of volunteering?

As a volunteer, in addition to making a real difference to people affected by cancer, there are many other benefits. These can vary for each individual but some of the main benefits are:

- Learning or developing skills to add to your CV.
- Meeting new people and having fun.
- Helping to make a real difference to people affected by cancer.
- Becoming more connected in your local community.
- Improved health and wellbeing.

What ongoing support and training will I receive?

It's important to us that you feel happy, safe and confident in your placement. You will receive a full induction to Cancer Support Scotland including information about the history of the charity, our current key messaging and a cancer awareness induction.

You will receive any necessary guidelines to assist you in your role, you will also receive full training on how to adapt your treatments to make sure they are safe for people diagnosed with cancer. Once you start you will be supported by our staff team and you will have the opportunity to meet on a one to one basis to discuss your role and if you feel you need any further training.

Additional Information

You can claim any out of pocket travel expenses incurred travelling to and from your volunteer location. Bus and train tickets are reimbursed (keeping all receipts) and 45p per mile is paid if using your car. Maximum expense claim of £25 per return journey.

A PVG is required for this role at no cost.

Next Steps

If you are interested in applying, please contact our team at; volunteer@cancersupportscotland.org or apply online by completing our [Volunteer Application Form](#).

