

## Volunteer Counsellor

### About Cancer Support Scotland

Cancer Support Scotland first began 40 years ago, in the cosy living room of Sir Kenneth Calman. Now in our new home amidst the leafy grounds of Gartnavel Hospital, we've worked hard to make sure things don't feel a whole lot different. The Calman Centre was created as a safe space, helping everyone we support to feel at ease and in control. Where better then, than in a giant living room - where family and friends are welcome, and the kettle is always on.

As Scotland's cancer charity, we have been the wellbeing champions for those affected by cancer for over 40 years – not only for those diagnosed, but their loved ones and carers too. We deliver high-quality counselling, complementary therapy and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community.

### About the role

As part of our Wellbeing Services, our team of counsellors deliver a professional and high-quality Talking Therapy service to people affected by cancer across Scotland. This is an opportunity for qualified counsellors to work as part of this caring team and support the wellbeing of people affected by cancer.

The minimum commitment is one half day per week, delivering two/three appointments to people affected by cancer.

Our counselling service is delivered in a blended approach either, digitally- online via Zoom/Microsoft Teams or over the telephone or in-person- within community libraries and our main office the Calman Centre. If you wish to provide digital counselling, you will need access to a laptop or computer and a good internet connection.

Counsellors need to be able to work flexibly, primarily from a humanistic/person centred core and integrating other modalities (eg CBT, ACT) depending on the person's individual circumstances that you are supporting.

### What are the main responsibilities?

- To carry out Counselling sessions on behalf of Cancer Support Scotland
- To be responsible for the health and safety of people using the counselling service during sessions in accordance with our policies and procedures
- To keep appropriate records in accordance with our policies and procedures
- To maintain confidentiality and contract procedures in agreement with our policies and procedures
- To undertake regular clinical supervision in accordance with our professional guidelines (e.g. BACP)
- To give consideration to cost efficiency at all times
- To co-ordinate own administration and appointments
- To attend internal and external meetings as required
- To attend training as required



### What are the requirements and qualifications needed?

- Hold a postgraduate level qualification (SCQF level 11) in counselling, CBT or counselling psychology recognised by an accredited regulatory body e.g. BACP, BABCP, HCPC, UKCP
- Have a minimum of 100 adult supervised client hours
- Adherence to regulatory body guidelines
- Own Professional Indemnity Insurance

### What are the benefits of volunteering?

There are many benefits to volunteering, and these can vary for everyone. Some of the main benefits are:

- Learning or developing skills to add to your CV
- Meeting new people and having fun
- Helping to make a real difference to people affected by cancer
- Becoming more connected in your local community
- Improved health and wellbeing

### What ongoing support and training will I receive?

It's important to us that you feel happy, safe and confident during your time volunteering. You will receive a full induction to Cancer Support Scotland including information about the history of the charity, our services, safeguarding policies and cancer awareness training. You will also receive full training on our counselling service' policies and procedures.

### Additional Information

You can claim any out of pocket travel expenses incurred travelling to and from your volunteer location. Bus and train tickets are reimbursed (keeping all receipts) and 45p per mile is paid if using your car. Maximum expense claim of £25 per return journey.

We will also offer a contribution towards your external supervision monthly (invoices must be included when submitting for reimbursement).

A PVG is required for this role which we will cover the cost.

### Next Steps

If you are interested in applying for this role, please contact our team on; [volunteer@cancersupportscotland.org](mailto:volunteer@cancersupportscotland.org) or fill in our [Volunteer Application Form](#).

